

* Pathway 1

Master Checklist

Requirements	Date Began	Date Completed
Health Science Education (can be completed anytime prior to applying for the exam)	14 college courses (or current health professional)	<input type="text"/>
90 Hours of Lactation-specific Education (must be completed within 5 years of applying to sit the exam)	Hours can be from one source or accumulated by completing individual hours.	<input type="text"/>
5 Hours of Communication (must be completed within 5 years of applying to sit the exam)	This Requirement was added to all candidates beginning in 2020. Currently, the hours are not required to be focused on lactation	<input type="text"/>
1000 Clinical Hours ((must be completed within 5 years of applying to sit the exam)	an excel spreadsheet for tracking clinical hours is available from IBCLC website	<input type="text"/>
Apply for any Scholarships for exam Fee	an excel spreadsheet for tracking clinical hours is available from IBCLC website	<input type="text"/>
Complete and Submit exam application along with fee	Exam application widow is only open for a short period of time. Pay attention for key dates. Application is usually submitted 5 moths prior to the exam.	<input type="text"/>

"You can do anything if you set goals. You just have to push yourself."

- RJ Mitte

* Pathways 1 & 3

Health Science Education

My requirements must be completed by _____

I can apply for board exam held on _____

(All requirements must be completed prior to applying to take the exam)

Requirements	Date Began	Date Completed	
8 Health Science College Courses (may be completed anytime prior to the exam)	1. Biology	<input type="text"/>	<input type="text"/>
	2. Human Anatomy	<input type="text"/>	<input type="text"/>
	3. Human Physiology	<input type="text"/>	<input type="text"/>
	• Human Biology or Human Anatomy meets the requirements for 1, 2 & 3		
	4. Infant & Child Growth & Development	<input type="text"/>	<input type="text"/>
	5. Introduction to Clinical Research	<input type="text"/>	<input type="text"/>
	6. Nutrition	<input type="text"/>	<input type="text"/>
	7. Psychology or Counseling Skills or Communication Skills	<input type="text"/>	<input type="text"/>
8. Sociology or Cultural Sensitivity or Cultural Anthropology	<input type="text"/>	<input type="text"/>	

Resources:

These courses never expire. Regardless of when they were completed, individuals can use them to meet the educational requirements. Since they are not time-sensitive, it is a good idea to finish this requirement first.

There are many places to obtain academic hours. Junior colleges and online courses are often budget friendly options. Some online courses offer coupon codes or group discounts.

- [study.com](https://www.study.com)
- [sophia.com](https://www.sophia.com)
- [centreofexcellence.com](https://www.centreofexcellence.com)

The credits must be obtained from an accredited institution that provides a minimum of one academic credit (25 seat hours), and students must receive a passing letter grade or "pass" designation.

* Pathways 1 & 3

Health Science Education

My requirements must be completed by _____

I can apply for board exam held on _____

(All requirements must be completed prior to applying to take the exam)

Requirements	Date Began	Date Completed	
6 Continuing Education Courses (may be completed anytime prior to the exam)	1. Basic Life Support • Must be current	<input type="text"/>	<input type="text"/>
	2. Medical Documentation	<input type="text"/>	<input type="text"/>
	3. Medical Terminology	<input type="text"/>	<input type="text"/>
	4. Occupational Safety & Security for Health Professionals	<input type="text"/>	<input type="text"/>
	5. Professional Ethics for Health Professionals	<input type="text"/>	<input type="text"/>
	6. Universal Safety Precautions & Infection Control	<input type="text"/>	<input type="text"/>

Resources:

These 6 continuing educational hours must be from an institution of higher learning or continuing education course. Although they do not expire, the Basic Life Support Certification must be current.