



## Certified Lactation Educator™ (CLE©) Training

---

### Tentative Agenda

CAPPA CLE© Faculty, Christy Jo Hendricks, IBCLC, RLC, CLE, CCCE, CD(DONA)

*Thank you for your interest in bringing a Certified Lactation Educator Training™ to your community. CAPPA offers the only Certified Lactation Educator Course (CLE™) available. This training has increased in popularity and attendance, making it a wonderful certification for anyone to add to a resume.*

#### *\*Daily Schedule*

8:00am-8:30 pm      *Registration and Daily Review*

10:10-10:30 am      *Morning Break*

12:30-1:30 pm      *Lunch Break*

3:10-3:30 pm      *Afternoon Break*

5:00 pm      *Dismissal*

*\*Schedule is a guide for the facilitator and will be adjusted as needed*

#### **Day 1**

- The CLE Scope of Practice
- Cultural Competencies
- Breastfeeding History
- Adult Learning
- Communication Skills
- Evidenced-Based Practice
- Value of Human Milk
- Marketing of Formula

#### **Day 2**

- Anatomy & Physiology
- Positions & Latch
- Prenatal Concerns
- Breastfeeding & Birth
- Successful Starts
- Breastfeeding in the Hospital
- Breastfeeding at Home
- Breastfeeding in the NICU

#### **Day 3**

- Nutrition
- Fathers & Partners
- Pumping/Expressing
- Infant Challenges
- Maternal Challenges
- Medications/Illnesses
- Breastfeeding Teaching Skills
- Curriculum Development

---

**Christy Jo Hendricks, IBCLC, CD, CAPPA CLE**

PO Box 1431 Banning CA 92220  
951.809.7827  
888.502.1677

[BBBPublishing@msn.com](mailto:BBBPublishing@msn.com)  
[www.birthingandbreastfeeding.com](http://www.birthingandbreastfeeding.com)